By age 5, Children can…

Social Emotional responsibilities

* Introduce themselves
* Ask for help
* Ask questions about the world around them
* Order their food at a restaurant
* Follow instructions
* Disagree appropriately
* Accept “no” for an answer
* Show appreciation or gratitude
* Make an apology
* Control emotions
* Accept consequences or criticism
* Wait and take turns
* Play creatively and independently
* Be a good friend
* Hold a pencil correctly
* Communicate in socially acceptable ways
* Show initiative and persistence
* Stay on task

Personal chores

* Get dressed with minimal parental help
* Toilet independently from start to finish.
* Make their bed with minimal parental help
* Bring their things from the car to the house
* Pick up their toys
* Wash hands
* Empty wastebaskets
* Bring in mail or newspaper
* Clear table
* Pull weeds, if you have a garden
* Use hand-held vacuum to pick up crumbs
* Water flowers
* Unload utensils from dishwasher
* Wash plastic dishes at sink
* Fix bowl of cereal
* Pour a glass of milk
* Use a knife, fork and spoon.

Family chores

* Set the table with supervision
* Clear the table with supervision
* Help a parent prepare food
* Help a parent carry in the lighter groceries
* Sort colors for the laundry
* Match socks after clothing is washed
* Answer the phone with parental assistance
* Be responsible for a pet's food and water bowl
* Hang up towels in the bathroom
* Clean floors with a dry mop

While in kindergarten, children can to learn to…

Personal chores

Any of the above chores, plus:

* Brush teeth
* Comb hair
* Choose the day's outfit and get dressed
* Write thank you notes with supervision
* Sort laundry
* Sweep floors
* Set and clear table
* Help make and pack lunch
* Weed and rake leaves
* Keep bedroom tidy

Family chores

* Be responsible for a pet's food, water and exercise
* Vacuum individual rooms
* Wet mop individual rooms
* Fold laundry with supervision
* Put their laundry in their drawers and closets
* Put away dishes from the dishwasher
* Help prepare food with supervision
* Answer the phone with supervision